DAILY DEVOTIONAL

What To Do When You Don't Know What To Do

WEEK 2

WHEN THERE'S NOTHING YOU CAN DO, GOD IS WITH YOU.

Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God.

JOHN 1:12, NIV

DAY 1

We all need someone to take care of us. Whether it's a parent, a teacher, an older sibling, a grandparent, a trusted friend, or even a Small Group Leader—we all need somebody to look out for us, check in on us, and help us do the things we can't do by ourselves. That's what makes a family.

As a believer in Jesus, you have access to the family of God. You become one of God's own children. And that means, not only do you have your fellow believers to come alongside you, but you have God Himself to walk with you and help you in any circumstance or season, no matter what you are facing. Is there a struggle in your life right now? A circumstance you could use someone's help getting through? Try talking to someone else in the family of God who might be able to help you walk through this. And pray that God would remind you this week that you are His child and because of that, He is with you in the middle of whatever you're facing.

I can do all this through him who gives me strength.

PHILIPPIANS 4:13, NIV

DAY 2

Fact: Life is hard at times. At some point we're all going to walk through things that we just don't feel like we have the strength to get through on our own. The end of a friendship, the death of a family member, the breakup of our family. When we face things like that, we wonder how we're going to make it through.

When faced with challenging circumstances, we can take a cue from Paul. He wrote this verse to the Philippians from prison—a time in his life when things certainly weren't looking good. But rather than giving up on God, he asked God for the strength to persevere. And we can do the same! No matter how daunting and difficult our circumstances, we can ask God for the strength to get through it. What difficult season or circumstance are you facing now? Pray today that God will not only give you that strength, but that He will remind you that you can trust His faithfulness to help you in the midst of it.

"Look at the nations and watch—and be utterly amazed. For I am going to do something in your days that you would not believe, even if you were told."

HABAKKUK 1:5, NIV

DAY 3

Have you ever found yourself in a situation where you just didn't know what to do? When you weren't sure of the next step, the next choice, or the next right thing to do? If you have, then you know just how lonely and even hopeless those moments can feel. But it's exactly in those moments where God's promises don't necessarily feel true, that they can mean the most. And what is the promise? God is working. Not just that, God is working in a way that will amaze and astound us. He is working for our good. That doesn't mean everything in our life will always be good. But it means God is good. And trustworthy. Because of that, we can stand confident that even when we don't know what to do, we serve a God who does.

Write this verse in a place where you can see it often this week. Repeat it to yourself or even use it as a prayer. Let it serve as a reminder that even when we don't know what to do, God is doing something for us.

And this hope
will not lead to
disappointment. For
we know how dearly
God loves us, because
he has given us the
Holy Spirit to fill our
hearts with his love.

ROMANS 15:5, NIV

DAY 4

Isn't it true that our confidence grows when we know we're not alone? There's just something about having a friend by our side that makes us feel like we can face difficult circumstances or do hard things better than we can when we are alone. God knew this was true and one of the reasons He left us with a friend—the Holy Spirit—to live inside of us and be with us in all things. Wherever you go, whatever you do, whoever you face, God's Holy Spirit lives in you to guide you, empower you, and strengthen you through it. Because of that, you can be confident that you are never alone and never without a friend.

Is there something in your life that has you worried or afraid? This week, take a step to face it with confidence, knowing that the Holy Spirit is with you, and you're not alone.

For, there is one God and one Mediator who can reconcile God and humanity—the man Christ Jesus.

1 TIMOTHY 2:5, NLT

DAY 5

Have you ever seen a roadblock on the highway? Its purpose is to keep cars from being able to get to a certain area on the road. It blocks all access to that one spot. In the same way, our sin can be like a roadblock that keeps us from God, making us feel unworthy and seeing God as distant or angry. Which is what makes Jesus' death so powerful. Jesus dying on the cross was the most powerful and accurate representation of what God was like. Jesus living and dying allowed us to see God for who He really is, and see ourselves as we really are—loved no matter what. That's how Jesus reconciled us to God—or brought harmony to our relationship with God. No more roadblocks or barriers. And because that's true, we can be confident that when we go to God with our mistakes and sins, Jesus makes a way for forgiveness to come in and reconciliation to be possible. This week, talk to your Small Group Leader or a trusted friend about some of the roadblocks you might be facing in your relationship with God. Ask them to pray for God's forgiveness and restoration in your relationship.