



DAY 5

Everyone has fears (even adults). But just like Ananias, we can face our fears with the help of God. Think about a time you were afraid, but you knew that God was with you. On a piece of paper, write about that time. Hang onto it, and the next time a friend or family member is facing something hard, share your story with them to help build their faith.



DAY 1

Go to Studio252.tv and watch this week's episode of The So & So Show. (Click on *Fun2Watch!* then *The So & So Show.*)

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that . . .

1) YOU LIKED: _____

2) YOU LEARNED: _____

3) YOU'D LIKE TO KNOW: _____

DAY 2

READ ACTS 9:10-31

Saul's entire life was changed when he met Jesus. But there was another person involved with Saul's story, a man named Ananias.

We just read that God talked to Ananias through a vision. What's a vision? Well, it's sort of like a dream. And in this vision, God told Ananias to help Saul. Only, Saul was known for hating Jesus-followers and Ananias was afraid of him.

Ananias had fears. But they were fears he was able to face. How? You'll have to read on. For now, think about some of your own fears.

TOP 3 SCARIEST THINGS EVER:

- 1.
- 2.
- 3.

Think about this . . . what if God asked you to face one of those fears. Could you do it?

DAY 3

When you talk to God, you can tell Him. You can even tell Him about the things that scare you. With God's help, you can face some of your fears. Fill in the blanks below, then read the prayer to God.

God,

Thank You that You care about me. You care about what hurts me, bothers me, or scares me.

When I think about my fears, I think about (your list from Day 2). The one of those that scares me the most is (biggest fear).

God, I know that even if I have to face (biggest fear), You are with me. Help me to remember that. Amen.

DAY 4

If the opposite of *fear* is *faith*, we have to work hard on growing our faith to overcome our fears. Who is someone you know who seems fearless? Someone who has overcome a lot and still loves God?

Take a couple of minutes to talk to them. You can text, email, or even video chat them. Ask them how they fought their fear with faith.