

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

What are things you're expected to do?

Lined writing area for journaling responses to the question.



Day 1

Go to Studio252.tv and watch this week's episode of The So & So Show.

Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked: \_\_\_\_\_

2. You learned: \_\_\_\_\_

3. You'd like to know: \_\_\_\_\_

## Day 2

Read Matthew 22:36-40

There are a lot of rules, wisdom and important truths in the Bible—important things to live by, but it can also feel a little overwhelming! Thankfully, Jesus boiled everything we need to do down to two things: love God and love others!

If you have a phone or device, pull it out and try to translate as much of Matthew 22:37-39 into emojis as you can. Then text or email it to yourself so you will be reminded throughout the day of the two things you're expected to do.

If you don't have access to a device, or if you'd just like a fun challenge, try drawing the emojis. Then hang the verse somewhere you will see it often this week.

## Day 3

What are some of the reasons you love God?

What are some of the ways you can show love to God?

Who are some of the "others" in your life?

What are some of the ways you can show love to them?

Use what you wrote above to write a prayer, then read it out loud to God.

**Dear God,**

You are \_\_\_\_\_,

and I thank You for \_\_\_\_\_

\_\_\_\_\_. Help me to demonstrate my

love for You by \_\_\_\_\_

\_\_\_\_\_. Thank you for my friends and family,

especially \_\_\_\_\_.

Please help me show them Your love with

my actions, including \_\_\_\_\_

\_\_\_\_\_. In Jesus' Name, I pray.

**Amen.**

## Day 4

Check out what Paul wrote to Timothy in 1 Timothy 4:12.

"Don't let anyone look down on you because you are young. Set an example for the believers in what you say and in how you live. Also set an example in how you love and in what you believe." (NirV)

This is a great word for you too! You may be young, but you can be an example to everyone around you, young or old, in how to live out Jesus' command to love God and love others.

Go back and look at the list of "others" you made yesterday. Pick the oldest person and the youngest person on your list, and come up with one way you can show God's love to them. Maybe it's spending time reading with your grandparent or playing a board game with your little sister. Whatever it is, when you show them love with your actions, be sure and share God's love with them too. Tell them you were inspired by Jesus' words and wanted to love God by loving them!



## Day 5

Matthew 22:37-39 can be boiled down into four words.

**Love God. Love others.**

Copy these four words on to a separate paper. Decorate it to make it look more like you. Then cut it out and find a spot to put it where you will see it all the time: you could pin it to your backpack, put a tape roll on the back and make it like a sticker, or tape it to your bathroom mirror.

As you go throughout your days, whenever you're not sure what the right or responsible thing to do is, look at the situation through these words. Use these words to guide your decisions and inspire your actions.

What are things you're expected to do? Love God. Love others.