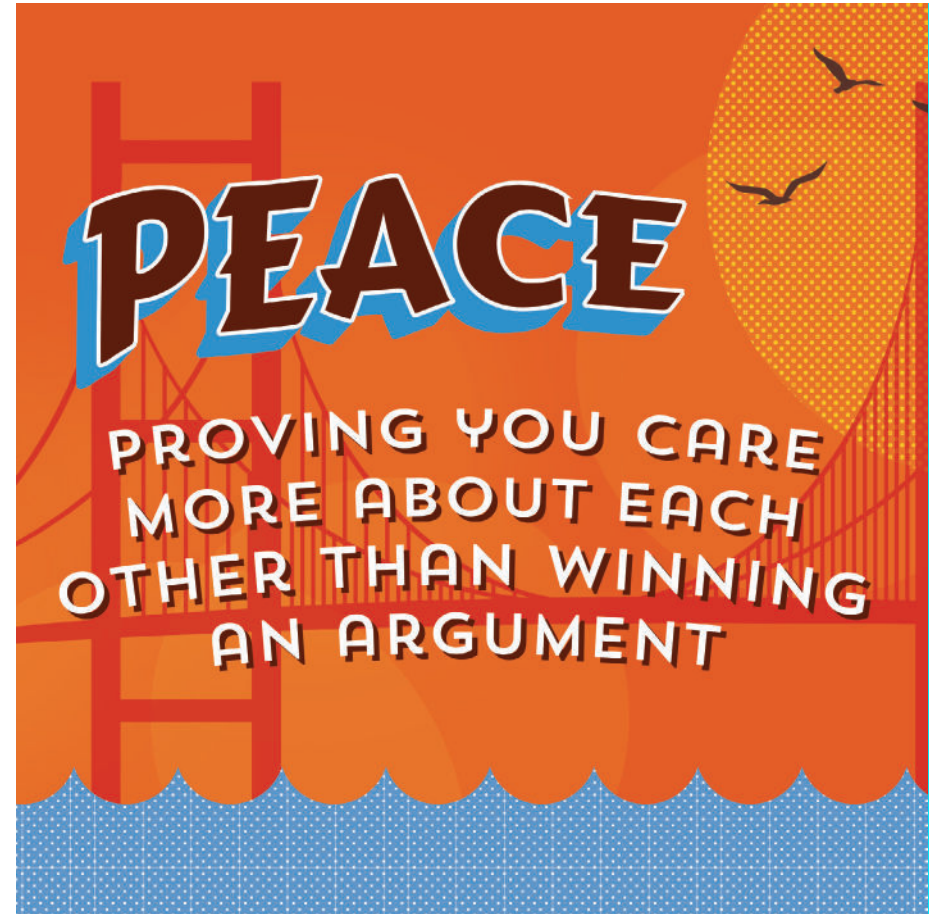


Spend some time thinking about the question below and journal your thoughts or share them with a parent.

**WHEN**  
should you walk away from a fight?

Lined area for journaling responses to the question.



Day 1

Go to <http://bit.ly/SundaysAtHomePreteen> and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked: \_\_\_\_\_

2. You learned: \_\_\_\_\_

3. You'd like to know: \_\_\_\_\_

## Day 2

Read Genesis 26:1-6, 12-22, 26-31

As you read the passages, when you get to the part where Isaac packed up and moved, take your Bible, pen, and anything else in your immediate surroundings and move somewhere different to sit. The next time Isaac has to move, do it all over again. In fact, every time he has to move and dig new wells, gather your stuff and move too.

It's kind of annoying, isn't it? And it must have been pretty humbling for Isaac to give up what was actually his. But by walking away from a fight (more than once!), he showed true strength and wisdom—and God blessed him with peace.



## Day 3

Have you ever done a prayer walk?

Often this means walking around a building—like praying for a school while you walk around it—or a nature walk while you praise God for His creation. Today you're going to walk while you pray so you can envision (literally) walking away from a fight. Whether you stretch your legs outside or just walk around your house, as you pray, ask God for the strength to walk away from a fight. You can use a prayer like the one below, or use your own words to ask God for help.

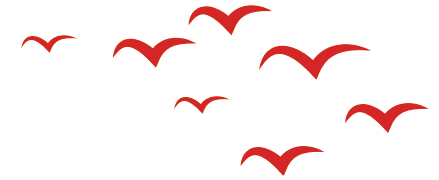
**“Dear God,** thank You for the example we have in Jesus of how to show others we care by walking away from a fight. He could have put up a fight when He was arrested. He could have called down angels to save Him from the cross. He didn't have to die, but He chose to walk away from that fight because of how much He loved us. I want to follow in His footsteps and walk away from a fight—not because I'm scared, but because I care. Help me to show others how much I care by choosing not to fight them. And please give me wisdom on when I should stand up for myself and when I should walk away. In Jesus' Name, I pray. Amen.”

## Day 4

You can show you care about others by walking away from a fight.

It's important to keep peace, but there are definitely times when someone is not treating you well and you need to stand up for yourself. Being a peacemaker doesn't mean being a doormat for someone to step on. There are some cases when you do need to stand up for what's right, and that might mean you need some help.

If there's a fight you feel like you might need to walk away from, find an older friend or trusted adult and talk to them about it. If this isn't something you're facing right now, however, it's still a great idea to talk to someone about it because there will come a day when you'll need to know what the wise choice is. Role-play different scenarios with each other—different situations where you might need to walk away and some where you might need to stand up for yourself or someone else. End your conversation by praying together for wisdom in seeking peace with others.



## Day 5

When should you walk away from a fight?

Even if you've brainstormed with a friend beforehand, chances are good that you'll have situations throughout your life when you have to decide whether you should walk away from a fight or not. If you remember the word peace, it will give you some simple steps to help you make the wise choice.

**Pray and ask God for wisdom**  
**Evacuate yourself from the situation if you feel unsafe and ask an adult for help**  
**Ask the other person questions—what is really bothering them? Why do they feel the need to fight?**  
**Compromise, if possible, with the other person**  
**Encourage the other person with kind words**

Get a sheet of paper and write the first words:

**Pray**  
**Evacuate**  
**Ask**  
**Compromise**  
**Encourage**

Now hang the piece of paper somewhere to remind you how seeking peace can help you know if you should walk away from a fight.